

PST/INTERVIEWS FOR PEARL HARBOR HAWAII

DATES FOR 2004

JAN 14 th /28 th	FEB 11 th /25 th	MAR 10 th /24 th	APRIL 14 ^h /28 th
MAY 12 th /26 th	JUN 9 th /30 th	JUL 14 th /28 th	AUG 11 TH /25 TH
SEPT 8 th /22 nd	OCT 13 TH /27 TH	NOV 3 rd /17 th	DEC 1 st /15 th

***Note:** You will experience a delay in the processing of your PST request if you have not followed the Step-by-Step Guideline. Please read and follow the [PST Request-
http://www.seal.navy.mil/pdf/pstrequest.pdf](http://www.seal.navy.mil/pdf/pstrequest.pdf) PST's are scheduled NLT 72hours prior to test time and date.

Time 0730

Arrive min 15 early to ensure you have time to warm-up. BE READY TO START THE PST @0730

LOCATION

Scott Pool

DIRECTIONS

From Nimitz Gate (main gate)

Go through Nimitz gate and make a right at the "T", which is North Rd. Go 1/10th of a mile and turn left at the stoplight onto Pearl Harbor Blvd. Go 4/10th of mile, just past the Uniform shop, and turn left into the Parking lot. Scott Pool is right next to the NEX Uniform shop.

From Makalapa Gate

Go through Makalapa gate and make a left at the "T" (stoplight), which is North Rd. Drive 3/10th of a mile to the next stoplight and turn right onto Pearl Harbor Blvd. Go 4/10th of mile, just past the Uniform shop, and turn left into the parking lot. Scott Pool is right next to the NEX Uniform shop.

Gear List

Candidates are required to arrive 15 minutes early with the items listed below:

A copy your PST Confirmation email

Military identification card

T-shirt, dungarees or cammies, and boots for **SEAL candidates**

T-shirt, shorts, and running shoes for **SWCC candidates**

Swimsuit and towel

Drinking water

Upon Successful completion of the PST

Candidate will be interviewed, *IAW MILPERSMAN 1220-150.

Interview requirement items:

- (1) Completed NC worksheet
(<http://www.seal.navy.mil/seal/pdf/ncworksheet.pdf>)
 - (2) Uniform of the day
 - (3) Original special request chit
 - (4) Military ID
 - (5) Service record
 - (6) Wavier(s) (See Waivers)
- * No exceptions

NOTE:

Cancellations ASAP

<mailto:motivators@navsoc.navy.mil>